# Positive Parenting Seminars 2014

## Tips for Children’s Healthy Media Use
- **Wednesday 26 February**
  - Presenter: Dr. Glenn Cupt
- **Wednesday 2 April**
  - Presenter: Dr. Mary Hood
  - Term 2

## Talk so Kids will Listen & Listen so Kids will Talk
- **Wednesday 26 March**
  - Presenter: Donna Broadhurst
- **Wednesday 14 May**
  - Presenter: Donna Broadhurst

## Introduction to ‘Circle of Security’
- **Wednesday 2 April**
  - Presenter: Dr. Mary Hood
  - Term 2

## Managing Anger in Children
- **Wednesday 4 June**
  - Presenter: Donna Broadhurst

## Helping Teens through Adolescent Emotions
- **Wednesday 25 June**
  - Presenter: Vina Hotich
  - Term 3

## First Aid - 2Care4 Children
- **Wednesday 30 July**
  - Presenter: St. John Ambulance Australia

## Understanding your Child’s Temperament
- **Wednesday 14 May**
  - Presenter: Donna Broadhurst

## Help Teens Navigate Sex & Drugs & Alcohol
- **Wednesday 13 August**
  - Presenter: Vina Hotich

## Blended Families - Survive & Succeed
- **Wednesday 27 August**
  - Presenter: Vina Hotich

## Fun not Fuss with Food
- **Wednesday 17 September**
  - Presenter: Peter Hill
  - Term 4

## Talking to Babies - How and How Often
- **Wednesday 29 October**
  - Presenter: Dr. Debbie James

## First Aid - 2Care4 Infants
- **Wednesday 12 November**
  - Presenter: St. John Ambulance Australia

## Cost for sessions (excl first aid): $15 adult $10 concession $20 per couple Cost for First Aid: $25 adult $20 concession

## Bookings are essential:
- Book online or Phone 8271 0329

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**www.effective-living.org**

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