Does your child have a sleep problem?

The Child & Adolescent Sleep Clinic in the School of Psychology at Flinders University is running treatments for children aged 6 to 13 years, who experience 1 or more of the following:

- Refusing to go to bed at night
- Having trouble falling asleep
- Waking up and cannot get back to sleep
- Having trouble waking up or getting out of bed in the morning
- Often sleeping in their parents’ bed or bedroom
- Often needs a parent to fall asleep

For more information please call 8201 7587 or email casc.enquiries@flinders.edu.au.
Does your child have a sleep problem?

The Child & Adolescent Sleep Clinic in the School of Psychology at Flinders University is running treatments for adolescents aged 13 to 20 years, who are unable to fall asleep at a conventional time and experience difficulty waking up early for school or work.

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