

SEAD PROGRAM

Social, Emotional and Academic Development

	JUNIOR SCHOOL			SENIOR SCHOOL		
SEAD	Reception - Year 2 Learning about Me!	Years 3 & 4 Who am I?	Years 5 & 6 Developing Resilience	Years 7 & 8 Creating Connections	Years 9 & 10 Building Communities	Years 11 & 12 Stepping into My Future
Identity	Learning about myself	Finding my identity	Accepting myself	Celebrating being me	Having a positive identity	Shaping the woman I will become
Values	Learning about values	Finding my values	Understanding my values and ethical decision making	Applying my values in responsible decision making	Being true to my values through wise decision making	Confirming my values through principled decision making
Emotions	Understanding my feelings	Building a toolkit to help me respond to my feelings	Using my toolkit to develop emotional resilience	Expanding my toolkit to respond to my emotions	Developing self-regulation	Applying self-regulation
Independence	Learning my independence	Developing autonomy	Becoming self-sufficient	Mastering my transition to secondary school	Taking responsibility	Being self-directed
Leadership and Voice	Finding my voice	Building my voice and taking charge	Having a voice and becoming a leader	Maintaining my voice and exploring leadership	Having a positive voice and stepping up to leadership	Believing in my voice and role modelling leadership
Friendship	Making friends	Being a good friend	Being inclusive of others	Building friendships	Accepting and respecting others	Celebrating others
Relationships	Learning about relationships	Building my relationships	Exploring new relationships	Broadening my relationships	Understanding and constructing positive relationships	Cultivating strong and healthy relationships
Learning	Understanding myself as a learner	Developing a growth mindset as a learner	Applying a growth mindset to my learning	Exploring my strengths as a learner	Becoming an autonomous learner	Demonstrating independence in my learning
Academic Success	Learning about goals	Understanding and planning my learning goals	Setting goals and working towards my personal best	Developing effective study skills and planning for success	Applying effective study skills and striving for personal excellence	Demonstrating self-efficacy as a learner and setting goals for my future
Online Engagement	Learning about being online	Developing online literacy and learning safe online practices	Understanding online etiquette and practising safe behaviours online	Applying safe practices and being respectful online	Understanding my online identity and engaging safely, positively and responsibly online	Modelling a positive self-image and being safe and responsible online
Post School Readiness	Learning financial awareness	Developing financial literacy	Applying my financial and entrepreneurial understanding	Expanding my financial and commercial literacy	Being financially literate and planning for my future	Demonstrating fiscal cognisance
Future Pathways	Learning about who I can be	Developing a broad understanding of my future	Exploring my future identities	Investigating future pathways	Broadening my identity and understanding of my future	Planning for my career and tertiary pathway